

My Dearest Client,

Thank you so much for entrusting your skin with me. Now that we are through with your first session, what happens next entirely depends on your aftercare.

To prevent any infection, please take your time to read and follow this aftercare.

### **DURING THE FIRST 48 HOURS**

Wash the area at least twice a day with antiseptic soap.

Dry the area with clean tissues.

Apply the aftercare balm.

Protect the treated area by always wearing *clean*, loose shirt/pants/dress.

Always apply aftercare balm before showering.

### **DAY2: ROUTINE FOR 7 DAYS**

Every 4 to 6 hours, apply the aftercare balm in the treated area, stimulating the camouflage scar/stretch marks' healing.

### **DURING THE FIRST 10 DAYS, NEVER:**

Never Scratch - if itchy apply more aftercare balm. It is important that IF there is any protective scabs that they stay on during the healing process. NEVER Remove scabs

Do not take immersion baths (swimming pool, beach, bathtub, spa)

NO saunas

No excessive sweating

No excessive heat, suffocation or friction / rubbing of the treated skin

AVOID Tight clothes ie: Jeggings, super tight jeans etc

DO NOT throw out your aftercare balm as you will need it again after your touch up

**TANNING** is *strictly forbidden* for the next 20-30 days.

**No Fake Tans** for at least 5 weeks after and at least 3 weeks before camouflage treatment.

**No swimming** in chlorinated pools **for 3 weeks** after treatment.

**No direct sun or sun tanning beds for 6 weeks after camouflage treatment.**

Please expect the camouflage / needle treated area to be red for a couple of weeks, followed by slight itching as the skin heals.

After which, the area will turn dark; this is normal and part of the healing process.

You will see the actual result after one to two months, depending on how fast you heal.

Please schedule your follow-up appointment for 3 weeks after the procedure so we can monitor your progress.

In an emergency please seek medical advice and be sure to let me know.

**SWELLING**

Excessive swelling – Although rare, excessive swelling or allergic reaction may occur.

If excessive swelling occurs, you should consult your doctor.

If any allergic reaction causes difficulty breathing and/or swelling, call 000 or go to the Emergency room immediately